



THE JOCKEY CLUB

Since 1750

## ACHIEVEMENT AWARD FINALISTS

### 1. ADELE MULRENNAN

**Age:** 33

**From:** Boroughbridge, Yorkshire



**New Career:** Raceday Presenter, Go Racing In Yorkshire

**Career Development:** With the support and advice from JETS, Adele looked into various career options but it was the media training she really enjoyed and which enabled her to start doing some racecourse work, organising tours and doing hospitality speaking at Haydock Park. She gained the role as Raceday Presenter for Go Racing in Yorkshire at the start of the year and has thrived in the role ever since with a highlight presenting at the Rose of Lancashire Stakes day at Haydock. She is looking forward to presenting at bigger racedays next year and will be presenting the Go Racing in Yorkshire Awards.

**Adele said:** ““My confidence has grown so much in my new role and I have been able to bring a different perspective being a former jockey and everyone has given me brilliant support. As well as JETS, I have to thank so many people for seeing my true potential and helping me get my dream job. I am in a great position and the opportunities I am now receiving are endless.”

**JETS Support/Training Courses:** JETS consultation, training advice, career guidance, interview technique training. Numerous JETS Media Training courses, BHA Trainers Module 2, BRS (2013), BHA Trainers Module 3, BRS (2012), Level 3 Diploma in Racehorse Care & Management, NRC (2012), Racing Secretary, NRC (2009).

**Race Riding Career:** Rode as a Flat jockey from 2003-2009 with 12 winners from 180 rides including aboard Masta Plasta in the Scottish Sprint Cup at York.

## 2. **BEN SWARBRICK**

**Age:** 32

**From:** London



**New Career:** Associate Partner, St.James’s Place Wealth Management

**Career Development:** Ben did not know what direction to go in when he stopped riding but he knew he needed to gain more qualifications so with the help of Lisa, he completed an Access course which meant he could enter university. He left with a BSc 2:1 Psychology degree from the University of Leeds. He then became the first former jockey to gain a place on the BHA Graduate Programme, which led to a job at the RCA. Having decided that opportunities were limited in terms of progressing his career he decided to make a switch and began a new career within St. James’s Place Wealth Management. His work ethic as a jockey has stood him in good stead and he has built up £5 million under his management since January this year.

**Ben said:** “I am very proud of everything I’ve achieved since stopping riding especially having left school at 16 with no qualifications. I am looking forward to building my client base and am clear in my long-term objective of branching out with a colleague to set up our own office under the St.James’s Place Wealth Management banner.”

**JETS Support/Training Courses:** JETS consultation, career guidance and CV preparation, training advice and job search assistance. **BSc Psychology degree**, Leeds University (2007), BHA Graduate Programme, Diploma in Personal Financial Planning (2016).

**Race Riding Career:** Rode as a Flat jockey for 4 years from 2002-2006, with over 1000 rides and 69 winners.

### 3. NICOLA WOOLNER

**Age:** 40

**From:** Stroud



**New Career:** Director of Sport & Beyond

**Career Development:** Nicola suffered a career ending injury whilst riding in Canada but had already realised that she enjoyed mentoring young riders and on her return to the UK, was keen to pursue a career where she could help athletes in their career. After guidance from JETS, she eventually enrolled on a course to become a Thomas practitioner in behavioural assessments which was partly funded by JETS. Since joining Sport and Beyond, Nicola and her co-Director have grown the business, doubling the revenue and increasing their client base and number of staff and trainers. She has recently piloted training with disadvantaged young people as part of the Dame Kelly Holmes Trust 'Get on Track' programme and run a course for UK Coaching.

**Nicola said:** "I have worked hard to push myself out of my comfort zone to learn and develop a successful business. I made the jump from steady employment and financial security to put everything into developing a business I am passionate about and am proud to put back into racing by supporting the National Trainers Federation develop a staff management standard and team award."

**JETS Support/Training Courses:** JETS consultation, career guidance and CV preparation and training advice. Level 3 Diploma in Racehorse Care & Management (2008), Equine Nursing Diploma (2012), Behavioural Training qualification (2014)

**Race Riding Career:** Rode as a Flat jockey for 10 years with 271 wins in UK, America and Canada) including 13 stake races, leading Apprentice 2 years running at Hastings Park in Vancouver and first female apprentice to win British Columbia Derby (Group 2).